



RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK & STUDIO POLICIES AGREEMENT

This form is a contract with legal consequences.
Initial each statement, indicating your understanding & agreement.

_____ In exchange for permission to participate in Purely Pilates LLC classes, private or duet sessions, I hereby enter into the following Photo Release, Waiver of Liability, Assumption of Risk Agreement. I, for myself, my heirs, spouse, executors, administrators, personal representative and assignees, waive, release, discharge, hold harmless and agree not to sue Purely Pilates Studio, its instructors (employees or contract employees), volunteers and affiliates (hereafter the "release parties) from, any and all liability, responsibility, damages, losses, claims, demands, actions, suits, judgments, cost and expenses (including attorneys' fees) resulting from personal injury, accidents, illnesses, death and or property loss caused in any manner, including theft, fire and the simple active or passive negligence of the Released Parties, by my participation in Purely Pilates fitness program.

_____ I acknowledge the classes, private or duet session offered at Purely Pilates Studio are designed to develop musculoskeletal strength, balance, coordination, flexibility and to condition the cardiovascular system. Clients are advised to move comfortably through the exercises and to work at their individual level of difficulty.

_____ I understand the risk of injury from physical activities in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist.

_____ I am aware that it is my responsibility to inform my instructor of any pre-existing or existing conditions before participating in any Purely Pilates classes, duet or private sessions.

_____ I acknowledge I have been advised to consult with my physician with respect to any past or present injury, illness, cardiovascular problem, (knee, back, neck, osteoporosis, etc) that may affect my participation and ability to participate in and to endure the fitness programs at Purely Pilates Studio. I assume all risks relating to my participation at Purely Pilates Studio.

_____ I acknowledge that I have discussed with my physician practicing Pilates and BioCord (suspension exercise) offered by Purely Pilates). I execute this agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Over





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_____ Payment options are Cash or Check (payable to Purely Pilates). Returned checks will be charged \$35.00 each.

_____ Reserving a continued spot in a class or booking a specific time and day for your private sessions, *must* be pre-pay (advance payment) for the month. Unless special arrangements have been made and documented in clients folder.

_____ Prepaid classes or private sessions do **“Expire”**

4 privates or 4 classes expire 8 weeks from first class or private

8 privates or 8 classes expire 12 weeks from first class or private

Classes or privates can be placed on hold due to illness, work or vacations, only if the client has contacted the studio *prior* to missing. You may also transfer your remaining classes or privates to another client.

_____ I understand the studio has a **12 hour notice of cancellation** one business day prior your class or private (**business day: the hours between 8-5pm**) for classes or private session. I understand it is my responsibility to contact the studio or instructor by **phone, text or email** to cancel my appointment. I understand I will be charged if I do not comply with the cancellation policy.

_____ I understand Purely Pilates offers services such as Massage Therapy and Physical Therapy at their location. Theses services are separate from Purely Pilates LLC.

Purely Pilates Studio makes no warranties and no representations, express or implied, other than those expressly set forth herein. If any portion of this Agreement is held by the court of the law to be unenforceable, such portion shall be disregarded and the remainder shall remain in full force and effect.

PRINT NAME

SIGNATURE

DATE